Creating Positive Pathways

The students have produced some great artworks this term.

Sports this term included cycling, dragon boat racing and archery.
Principal’s Chat

This time of the year seems to come around so quickly. No sooner are we back in the swing of things at the beginning of the year, than we are gearing up for exams, presentation day and Christmas! 2014 has been a particularly busy year in many ways. Our enrolment cap was extended to 35, itself an indication of the growing mental health needs of young people in high schools. We have had a full enrolment all year and expect to start the year with a waiting list, which makes us so conscious of the responsibility we have in managing our programs equitably, so that access is offered to as many students as possible. We have had lots of individual accomplishments, group achievements and school successes: Jess has enrolled into the Cadigal program at Sydney University after completing her HSC, a wonderful group filming project has produced a film from script through production, filming, and editing, and our whole school as usual has embarked on excursions, sport, art exhibitions and musical productions.

I would like to take this opportunity to thank all the staff at Centennial Park School, teachers and school learning support officers, for their commitment to the learning and welfare of all the students who attend. Without their obvious passion, skills and experience, none of what we achieve would be possible. I support them show us during their young person's enrolment. We strive to have open and ongoing communication with our families and this can make all the difference to the students' success.

We also have support from outside the school, thanks to: Leanne Cowie, the Home School Liaison Officer who has worked tirelessly to get our students attending; Sarah Fisher-Dobbin, our music therapist, who has worked weekly with most students; the teachers at Sydney Distance Education High School who provide the academic programs for stages 5 and 6, and who come to Centennial Park School to work with students as well as organising study days down at Woolloomooloo; our therapists from the Adolescent Unit, who visit, often weekly, to see students onsite, and who are also willing to support the mental health component of our school in a variety of ways; and to Sue Shelley, Director Sydney Schools (Relieving) who has been a great support this year, particularly through these times of education reform.

Congratulations to all the students on the success they have experienced this year, whether in attendance, curriculum grades or behaviour targets.

Good luck to our students who are moving on, and we look forward to seeing all returning students on Wednesday January 28, 2015.

Jennifer Shumack

Counsellor’s Chat

The end of the school year brings the excitement of the holiday break but also the change associated with moving on to new experiences. To the students leaving us full-time, we congratulate you on the progress you’ve made and how far you’ve come since beginning at Centennial Park. Some of you are going to new schools to complete your studies, a couple will be receiving workplace support, and Jess is going onto University! Well done to you all!

I encourage you to look forward to and welcome your new experiences as you move on. I would also like to reassure you that it is normal to feel a little concern about embracing something new. Just remember to take the experiences and learning you’ve gained from your time at Centennial Park School.

To the other students returning for 2015 you have much to look forward to as you continue your journey with us. And remember: "We can be victims of our history or masters of our destiny" (Dr John Demartini).

Wishing you all a Merry Xmas and a brighter New Year,

Trish Butterworth

Art at Centennial Park School

Above: Soap stone sculptures by various students at CPS

Left: Charcoal sketch by Yuki

Right: Giacometti inspired wire figures
BOULDING

7 years ago I started doing tenpin bowling with my mum and dad in an adult bowling league. My average was 59 which is terrible but I kept on practising twice a week for the next 6 years and now my average is 167, I've bowled thirty 200 games, no 300 which is a perfect game, and I've bowled one 600 series and thirty 500 series, which is out of 3 games. I've also won three trophies and 15 rings and pins. Hopefully I can be a professional bowler and go to America.

By Kain

Student Profile

This is my 3rd term at Centennial Park School. I like playing sports and going to the gym at school. My favourite sport is obviously Football (aka soccer). I also like playing drums in music, but I would like to learn guitar and bass. I am still only working on 2 subjects Art and German (year 12). I love doing art and am working hard on my major art process diary, which will be an important factor in my major art work. I have been ahead of my German work for a while.

I will also be going to Germany after Christmas for a month. I am very excited to be going to Germany; sadly I won’t be able to watch a football game but I still get to see snow and eat good food. I also love movies; I thought Interstellar was amazing. Next year I will be doing 4 Year 11 subjects (English, Maths, Modern History, Physics), which means work will be more intense.

By Jeremy

RED DEER

My family own a farm about one hour from Goulburn; the farm is approximately 300 acres in size. When I am at the farm I like to walk around my property as well as the neighbour’s property which is about 1000 acres in size.

I usually walk at certain times of the day such as, in the morning before it gets hot or in the afternoon when it starts to cool down; this time of the day is when I see most the wildlife walking out of the bush to feed. There are many wild/feral animals that roam around the farm such as kangaroos, wallabies, wallaroos, rabbits, red foxes, wombats and also feral pigs.

About three weeks ago Erin and I went for a walk on my neighbour’s property and we came across a female red deer and she was pretty big. Seeing as this was the first red deer that Erin and I have ever seen I was really excited!

By Josh

Student Profile

Hi I am Liam. How are you doing today? I am good thanks for asking. I have been this term on a ship and that was fun and been doing things with C1 and playing with my bass. Sian is a cool person.

I have stared YouTube videos and my account name is Nightmare Gaming. My videos include gmod, GTA, COD and new games. I have a mate called sassy gaming. He is so funny and cool. GTA 5 has just got out on Xbox one and ps4 and computer. I know it has taken time to come out. It has been 1 year. Thanks for looking at this gg bye bro’s!

By Liam

Student Profile

Alex is working hard to complete his year 12 studies and Centennial Park School wishes him all the best!

We are all proud of Kristo who is doing well integrating into a mainstream high school.

Student Profile

Hi I’m Jett (Batman) Wayne and I’m really into adventure activities. I love rock climbing and hiking. I have also done abseiling over many cliffs. I have only done outdoor rock-climbing once; I really enjoyed it and would like to do more outdoor climbs. I have hiked to the base camp of Mt. Everest and the Overland Track in Tasmania. It snowed overnight and the entire track was covered in snow. The path was only the width of two feet with small drops on either side. After it was covered we had to guess where the path went and many people fell into large snow drifts. I really love the snow and have been skiing since I was 3. I have now been snowboarding for a few years and went on my first snow trip without my parents this year; just me and a friend. We got to stay on the snow and had a really great time. Another adventure activity I am involved in is Parkour; the discipline of efficient movement. The general idea is to move over obstacles in the most efficient manner. Recently I have been incorporating free-running into my runs. Free-running is a separate art of movement involving flips and tricks. I have learnt how to do a front flip, front hand spring and side flip. Currently I’m working on backflips. As you can probably tell I really love the outdoors and exploring both the world and how my body and mind can interact with my surroundings.

By Jett
**MUSCLE UP**

My name's Anthony and I attend a program called ‘Muscle Up’ run by PCYC every Wednesday morning. It involves a group of boys from the local area and run by police youth officers. We get picked up from home every week and go to Shark Park for an hour of fitness and then get dropped home. The program helps to work off outstanding fines. Some of the activities we have been involved in this term are the mud run, camping in cabins and playing games of soccer for general fitness. I think the program is great and it has helped me to get rid of my outstanding train fines.

By Anthony

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**LIFE IN THE EYES OF DERRICK ROSE**

Hi my name is Lachlan and my hobby is basketball. I like it because I find it really fun and exciting to watch, especially the NBA. My favourite player is Derrick Rose and he also plays for my favourite team the Chicago Bulls.

He is a point guard that grew up from the south side of Chicago the most dangerous area of America. He was born on October the 4 of 1988, and was drafted into the NBA in 2008 as the overall first round and first pick. The Chicago Bulls had the first pick of the draft and he was very happy that his home town team had picked him.

Derrick Rose was voted the most valuable player and the youngest player to ever win the award which means he is the best pro basketball at his age in the whole world.

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**Student Profile**

This term I have been involved in the Reelise short film where I have been shooting the film. It is a very unique yet enjoyable experience.

I also have been involved in cooking where Frank taught me how to chop an onion ‘properly’. We have cooked great food such as tacos, pizza, pasta, sushi and burgers. I have also been learning how to play the guitar; at the moment I am learning how to play Country Roads by John Denver. Earlier this term I learnt how to ride a bicycle and the past few weeks we have been doing dragon boat racing. I received an achievement ribbon for dragon boat racing.

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**Student Profile**

Hi my name is Rory. I only started my schooling at Centennial Park School in week 2 of this term. I like to read and watch comedy/horror/action movies. I like to learn about more in-depth modern history as I am a sort of self-taught expert of that particular subject.

So far I like my time here at Centennial Park School. I have made new friends within this school; students like Liam, Jenn, Niris and Kain to name a few. I have even developed a good relationship with all the teachers. And I already have had some good experiences with this school like basketball each morning. And the various school sports we do each Friday; like bike riding, dragon-boat racing and archery. I hope to continue my high school studies at Centennial Park for Year 11 & 12.

By Rory

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**Student Profile**

Hi my name is Tayla. I am 13 and have just started at Centennial Park School. My mainstream high school is Tempe High where I started in year 7. I like art and playing PS3 games like ‘Most Wanted’ which is a car racing game. I also like animals. I have a dog named Bella. She is 2 years old and her breed is Basenji. She loves going for runs in the park and loves sleeping with me. She is so lovely and sweet.

I have enjoyed my time here at Centennial Park School so far.

By Tayla
THE LORD OF THE RINGS

The Lord of the Rings is a fantasy novel that was written by J.R.R. Tolkien as a sequel to the Hobbit. Written in stages between 1937 and 1949, reprinted many times, translated into many languages, considered one of the most popular works in 20th-century literature and said to heavily influence modern fantasy writing.

The stories main evil character is Dark Lord Sauron who in an earlier age one ring to rule other rings of power to conquer middle earth. The story follows the hobbits Frodo, Sam, Merry and Pippin as they come into contact with the ring.

By Kosta

CONGRATULATIONS TO JESS WHO HAS OFFICIALLY COMPLETED HER HSC THIS YEAR!

Sketch by Max

We wish Lena all the best for the future and hope she is successful finding a job with Xcelerate employment agency.

By Calum

THE ROSETTA SPACE PROBE

The Rosetta space probe along with its lander ‘Philae’ was launched in 2004 by the European space agency and hopes to learn about the origins of our solar system.

After 10 years long years and 6.4 billion-km Philae finally got to 67P/churyumov-gerasimenko (comet) on the back of the Rosetta satellite.

By Calum

WORK EXPERIENCE AT NEXA

I have just started work experience at NEXA. This has given me a first-hand experience with programming and software design. So far, I have been researching and programming Android applications, using development software that the company has provided.

I have greatly enjoyed the opportunity and experience that NEXA has provided me with, and this has greatly improved my knowledge about computer software. I hope to be able to work in this field in the future.

By Brendon

BANDANNA DAY

This term we celebrated Bandana Day by donating a gold coin to CanTeen. We held a tea party; staff and students brought cake to share, we talked about cancer and shared stories of loved ones who had experienced it. The school ended up raising over $200! I felt better knowing that I could help someone with small change and pocket lint. It helped me understand their situation more and I gained more empathy for people living with cancer.

My passion is Japan in all its AWESOMENESS

By Troy
**Student Profile**

Hey, Name’s Cameron. I’m 15, turning 16 & and I just started at CPS 7 weeks ago. I’m a soon to be graphic/Visual Character Designer, Musician, Tech Nerd & hopefully a Frontline Soldier for the SASR.

I do graphic/visual arts and play a lot of video games in my spare time, ya’ could say I’m a bit of a no lifer! Here’s an example of visual arts:

By Cameron

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**Student Profile**

Hey, I’m Zac, I’m in year 11 and I started at Centennial Park on the 6th of November. Every morning I come to school and play basketball with the other students and teachers and have heaps of fun. I’ve gone dragon boat racing twice already and it was a blast, I’m also looking forward to archery next week which is pretty hectic.

The works here is pretty laid back and if you focus on your target behaviours keep your attendance up and complete set tasks you can get a prize at the end of every week.

By Zac

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**SOCIAL SKILLS**

On Wednesday I spoke to the class about how to save money which I learnt with a lady who has helped me get ready for after home life and when I live by myself.

I have learned about money and other things too. I thought that money is important to tell the class about saving and buying cars and other money related things.

By Jen

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**MOVING ON**

This term is my last term at Centennial Park School. Next year I will be still doing Distance Ed but going to another school hopefully. I am excited to see how I go next year without Centennial Park support. Thankyou everyone for helping me, and putting up with me. BYE BYE for now!!

By Chanelle

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**MALALA YOUSAFZAI**

I am currently reading a book about Malala Yousafzai. She was a girl who stood up for education and was shot by the Taliban. Malala Yousafzai was born on July 12, 1997, in Mingora, Pakistan. As a child, she became an advocate for girls’ education, which resulted in the Taliban issuing a death threat against her.

On October 9, 2012, a gunman shot Malala when she was traveling home from school. She survived, and has continued to speak out on the importance of education. The shooting left Malala in critical condition, so she was flown to a military hospital in Peshawar. A portion of her skull was removed to treat her swelling brain. To receive further care, she was transferred to Birmingham, England. She was nominated for a Nobel Peace Prize in 2013. In 2014, she was nominated again and won, becoming the youngest person to receive the Nobel Peace Prize.

By Kiara

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**SAILING**

Hey my name is Wyatt and on Friday 14/11/14 I had a sailing course which was part of my marine studies course. At my mainstream school, before I went in the boat on the bay, I learnt how to tack which means turning the boat 180 degrees to go the other direction. Two friends and I capsized the boat 3 times on purpose, it was quite fun.

Later we played a game of footy on the water. How we all played was we used a soccer ball and the ball had to be passed to each boat before anyone could score. After recess we went on a long sail.

By Wyatt

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**AT THE FARM**

The past few months I’ve been going to Josh’s farm with him and his family. I love going for walks there as its quiet and the environment and nature are beautiful to look at. We go hunting, we think of this as a challenge because we need to be quiet so we don’t spook anything and look around to see if there are any animals around.

I love the farm so much, it’s peaceful and great to have a few days relaxing and having a good time. I can’t wait for this summer; there will be a lot more animals around! But the negative thing about summer is the snakes!!

By Erin
FIT AND FAB

Tap water is not only thirst quenching, but it also contains fluoride which helps make teeth stronger. Water is:

- cheap
- readily available
- a thirst quencher without any kilojoules or sugar
- essential for the optimal function of the body

Most children enjoy drinking water if they get into the habit from an early age. Make water ‘the norm’ in your household by always having water available for children and drinking plenty of water yourself.

Sports at Centennial Park School

Congratulations to all the students that have participated in the sports program this term. We have participated in some really great activities which have challenged all students.

The particular highlights this term have been dragon boat racing where students had to develop the 3 T’s, which are timing, technique and team work. Our coach who is the under 18s NSW dragon boat racing team leader said how well our students performed and was very impressed with the cooperation and team work our students displayed.

Well done CPS!

Sports at Centennial Park School

CYCLING

DRAGON BOAT RACING

ARCHERY

SPORTS AWARDS

Cycling:
No trophy was given due to poor weather; special mention to Kristo, Jen, Lena and Alex.

Dragon Boat Racing:
Trophy: Calum
Ribbon: Niris
Ribbon: Rory

Archery:
Trophy: Niris
Ribbon: Wyatt
Ribbon: Erin